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ABSTRACT

Based on the clinical expertise of social workers at Jewish Family Services of Central Maryland, this book presents practical advice for parents of all faiths, with each of 34 chapters exploring a specific parenting issue. The book is divided into five sections: (1) "Many Kinds of Families," dealing with only children, sibling struggles, adoption, children with disabilities, divorce and new relationships, and teaching children to appreciate differences; (2) "Stresses and Strains," addressing fears about school, peer relationships, stress management, positive discipline, and the power of laughter; (3) "Sensitive Issues," concerning money issues, sexuality, spoiling children, discussing events in parents' earlier lives with their children, and role models; (4) "Holidays and Seasons," makes suggestions for making the High Holidays meaningful for children, parent-child interaction during holidays, the December Dilemma, gift giving, helping young children respond to anti-Semitism, Passover, summer holidays, and summer camp; and (5) "L'Dor Va-Dor," focusing on fatherhood, adult child-parent relationships, intergenerational relationships, grandparents and divorce and intermarriage, and parenting parents. Resources for parents and children, listed by chapter, conclude the book. (KB)

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